



# Blessed Sacrament Catholic Primary School

Cedar Road, Aintree, Liverpool, L9 9AF

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Headteacher: Mr C Davey

"Aim high – Live life to the full"



BM/DM

8<sup>th</sup> September 2017

Dear Parent/ Carer,

The Monday Mile Running Club will begin on Monday 11<sup>th</sup> September between 3:30pm and 4:00pm and will carry on throughout Autumn Term until Monday 27<sup>th</sup> November. The club will resume in Spring Term on Monday 15<sup>th</sup> January and finish for the year on Monday 19<sup>th</sup> March. The club is initially open to Years 4, 5 and 6 but Years 2 and 3 will be invited to a separate taster session later this term.

We meet in the school hall at 3:30pm prompt to get changed before we go to the field. After training, the children can be collected from the Junior School entrance at 4:30pm.

Selection for the school cross country team will be based on attendance and performance at training.

Cross Country is a winter sport and we try to run in most weather conditions so it is important that the children bring warm/waterproof clothing and trainers suitable for the colder, wetter days. We recommend the children not to wear school PE kit because it is likely to get muddy. Running or football kit and a track suit or water proof jacket is ideal.

On the rare occasions that the club might have to be cancelled we will try to give at least 24 hours warning.

Inhaler users must bring their inhalers with them and will not be allowed to run without them.

Parents, carers and family members who would like to run with us are more than welcome.

If your child is allowed to attend please return the permission slip to the school office, not to Mr Murphy in person.

Thank you for your continued support.

Yours faithfully,

B Murphy

Mr B. Murphy  
**PE Co-ordinator**



[www.bsprimary.com](http://www.bsprimary.com)



ParentApp

**Monday Running Club Reply Slip (please return to the School Office)**

**Child's Name:** ..... **Class:** .....

**Inhaler user:** Yes/No

**My child is allowed to walk home alone:** Yes/No

**Signed:** ..... **(Parent/ Carer)**

**Contact Number:** .....

**Signature of Parent/Carer:** .....