



Blessed Sacrament Catholic Primary School

Cedar Road, Aintree, Liverpool, L9 9AF

T: 0151 525 9600 F: 0151 525 2998

E: admin@bsprimary.com

Headteacher: Mr C Davey

"Aim high – Live life to the full"



EJ/DM

8th September 2019

Dear Parent/Carer,

YoungMinds calls on schools to say #HelloYellow on World Mental Health Day



The charity YoungMinds is calling on schools across the country to take part in #HelloYellow on World Mental Health Day (**10th October**) to show young people they're not alone with their mental health. As part of the day, thousands of children and young people will wear something yellow to spread the word that, whatever you're going through, you can talk to someone if you're struggling to cope.



Our school will be taking part in this National Event on Thursday 10th October. If you would like to you can send your child in wearing something yellow, ie, yellow socks, ribbon, hairband etc with a small donation towards the charity Young Minds.



Thank you for your continued support.

Yours sincerely,

C Davey

Mr C .Davey
Headteacher



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Sims Parent App